



Based in New York, NY

She/Her/Hers

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(330) 774-7501

Cassandra-Vega.com

Detail-oriented professional with ambitiously creative knowledge in everything from pre- to post-production.

Education

New York University '22

BFA in Film and
Television Production

Certifications

Sound Utility Training

With IATSE Local 52



Adobe Certified Professional

Certified Professional in Adobe
Premiere & AfterEffects



Post Production Coordinator Training

With Warner Bros Discovery
Access



Skills

Storytelling
Organization
Communication
Google Workplace
Post Production Management
Scenechronize
Pix
Adobe Creative Cloud
Avid Media Composer
Avid ProTools

Experience

Freelance (2023-Present)

Video Editor

- Edits video content for various clients, ensuring alignment with creative vision and technical precision to maximize emotional impact and viewer engagement.

Production Sound Mixer

- Captures high-quality on-location sound while working with other crew to adapt to diverse settings and maintain clear, balanced audio.

Sound Designer

- Designs and mixes immersive soundscapes to enrich narrative impact, tailoring elements to enhance story mood and atmosphere.

ITV America (2022-Present)

Post Production Assistant |

Oct 2022-Feb 2024, June 2024-Aug 2024, Nov 2025-Current

- Catalogs and organizes raw footage in Avid and Premiere for streamlined workflows in addition to generating EDLs and cue sheets. Supported story producers with stringouts and storylines for several prominent unscripted series.

Office Production Assistant | April 2024-June 2024

- Coordinated production logistics and cross-departmental support for A&E's The First 48 and After the First 48, managing production credit reconciliations, shipments, travel bookings, calendar updates, and weekly agendas in a fast-paced environment.

Ragnarok NYC (2020-2022)

Post Production Intern/Assistant | Oct 2020-July 2022

- Started as an intern in October 2020 and promoted to assistant by January 2021; collaborated with internal marketing to produce high-quality graphic, social, and video content for clients and maintained organized video databases.

NYU Production Center (2018-2020)

Technicians' Assistant | Jan 2018-March 2020

- Assisted technicians with student equipment rentals, ensuring gear condition before and after rentals. Helped schedule mandatory equipment techs, and maintained the rental area by cleaning, organizing, and managing stock for optimal readiness and accessibility.